

LIFE LESSONS AS SAS TUTOR AND EDUCATIONAL LEADER

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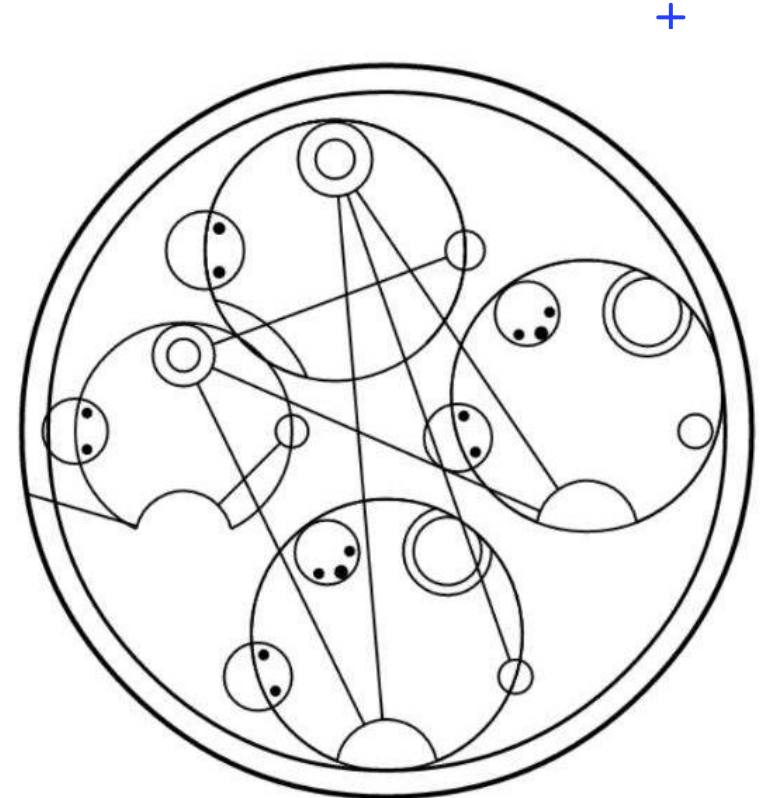
Deputy Associate Medical Director for Post Graduate Medical Education

University Hospitals North Midlands

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About me

- Graduated 2006 University of Dundee
- Norfolk 2006-2015 – foundation programme, ACCS and then SAS Doctor
- 2015-now – UHNM, SAS Doctor Emergency Medicine
- 2017 – Foundation ES/CS
- 2020 – SAS Tutor
- 2023 – Foundation TPD
- 2025 – Deputy Associate Medical Director for Post Grad Medical Education
- Mum, Comedy WAG, embroiderer, seamstress, prolific gig-attender, 'Steemer, below average swimmer, all with a sprinkling of ADHD



LESSON 1: BE CURIOUS



LESSON 2: TAKE THE OPPORTUNITIES



LESSON 3: FIND YOUR ALLIES



LESSON 4: LISTEN ACTIVELY



LESSON 5:
**“YOU CAN LEAD THE
HORSE TO WATER...”**

LESSON 6: FIND YOUR AUTHENTIC SELF



LESSON 7:

STABILISE THE LADDER

QUESTIONS?



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THANK YOU

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