

**Mrs Bethany Carter** qualified as a nurse in 2005. She is a highly experienced infection prevention (IP) specialist with a demonstrated experience of working in a variety of clinical settings and has a keen interest in compassionate and inclusive leadership, patient safety, education, human factors, and behavior change to influence good clinical practice. On retiring from the military after a 17-year career, Bethany joined the IP Team in Solent NHS Trust in January 2016. Her career at Solent saw her develop into the Head of IP role at the start of the SARS-CoV-2 pandemic. In September 2022 she took up the position of Lead Guardian for Freedom to Speak Up (FTSU). In November 2023 Bethany took up her current position at the National Guardians Office as National Lead for Guardian Support and Policy, leading the Guardian Support and Policy team in providing guidance and support to Freedom to Speak Up guardians across England including the development and implementation of training, guidance, and co-branded initiatives with partner organisations and stakeholders.