

Coaching and Mentoring Excellence: A Workshop for Medical Education Leaders

Our workshop is thoughtfully tailored to meet the unique needs of medical education leaders, offering a comprehensive exploration of coaching and mentoring. Led by seasoned trainers, this program equips participants with a rich toolkit of practical methods and strategies, ready for immediate application within their educational leadership roles.

1. **Gain a Deeper Understanding:** Throughout the workshop, you will delve into the intricacies of coaching and mentoring. We will explore the nuances that differentiate these two valuable practices, helping you develop a comprehensive comprehension of their roles and applications within medical education leadership.
2. **Structure Coaching Conversations Effectively:** You will be equipped with practical techniques to structure coaching conversations. By applying a tried-and-tested coaching model, you will learn how to guide discussions purposefully, ensuring that your interactions are productive, focused, and conducive to the growth and development of your colleagues and trainees.
3. **Develop Advanced Skills:** The workshop will empower you with advanced coaching and mentoring skills. You will master active listening, enabling you to truly understand the needs and concerns of those you work with. Additionally, you will hone your questioning techniques to provoke thought and reflection. You will also learn how to reframe situations and provide constructive developmental feedback, all of which are essential tools in enhancing your coaching and mentoring abilities.
4. **Build Rapport and Challenge Assumptions:** Establishing a strong rapport with colleagues and trainees is vital. You will gain insights into effective rapport-building techniques, allowing you to create a trusting and open environment for coaching and mentoring. Moreover, you will learn how to respectfully challenge assumptions, perceptions, and limiting beliefs. By doing so, you will broaden perspectives and encourage the generation of more creative and effective solutions.
5. **Utilise Coaching Models and Tools:** Practicality is at the core of this workshop. You will not only learn about coaching models and tools, but you will also discover how to apply them in your everyday interactions. These tools will become valuable resources, ensuring that you approach your relationships with colleagues and trainees with a clear and successful coaching and mentoring framework.

By achieving these outcomes, you will be well-prepared to excel in your role as a medical education leader, fostering the growth and development of those you work with while effectively navigating the complexities of coaching and mentoring within the healthcare education context.

MorBLIME

(More Basics for Leadership in Medical Education)

Coaching and Mentor Skills

23rd November 2023
Mary Ward House, London

PROGRAMME

Co-facilitators

Dr Simon Frazer and Dr Claire Pulford

09:30	Welcome & Introductions
10:00	Overview of course
10:20	Leadership vs Management: Leadership behaviours and the Medical Leadership Competency Framework
11:00	<i>Coffee</i>
11:30	Emotional Intelligence: Leadership styles, defining your role
12:30	<i>Lunch</i>
13:30	Coaching & Mentoring Applying a model to a conversation to motivate and empower
15:15	<i>Tea</i>
15:30	Educational Challenges: What's new and important
17:00	Review & Close