## Time to Improve: Unleashing Quality Improvement in Healthcare for SAS Doctors



Dr Hesham Abdalla

- Head of QI at Oxford University
  Hospitals
- Associate Professor in Healthcare Leadership
- Co-founder of Hexitime



### Listen Out for the Unheard Voice





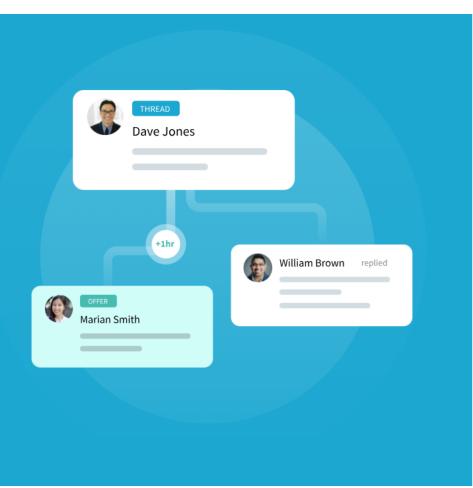










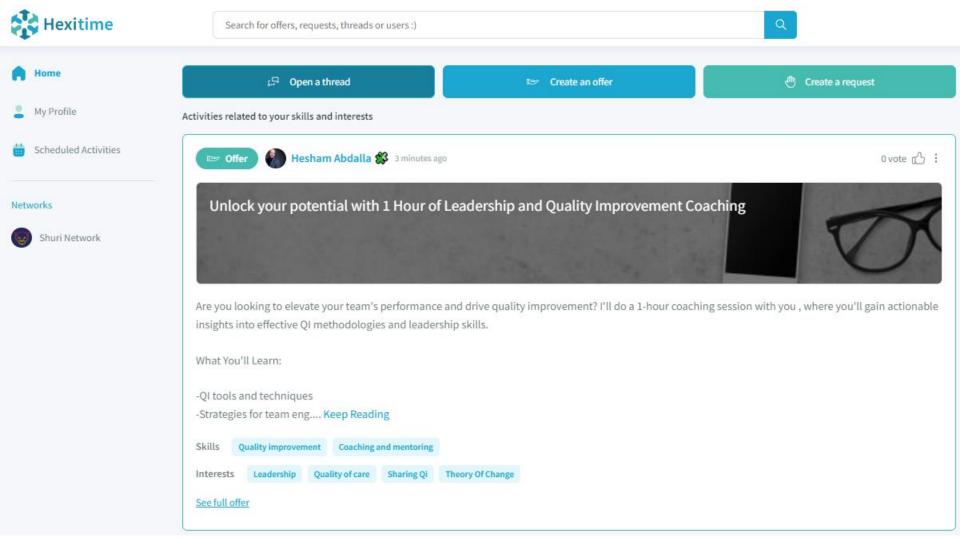




#### Welcome back!

E-mail *	
E-mail	
Password *	
Password	Ø
Login	
Forgot password?	
in Continue with LinkedIn	
G Continue with Google	

Don't have an account? Sign up here



### Making meaningful impacts as a junior doctor – a personal experience of using timebanking via Hexitime

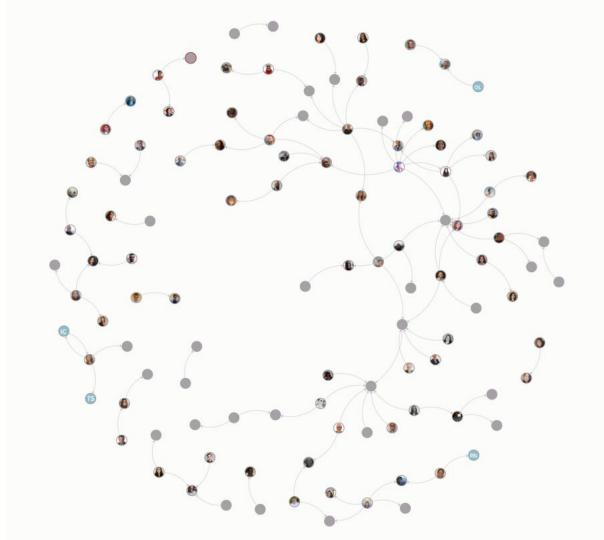
#### Dr Willow Fox

Dr Willow Fox is a Foundation Year 3 Doctor who completed her training in the Thames Valley Deanery.

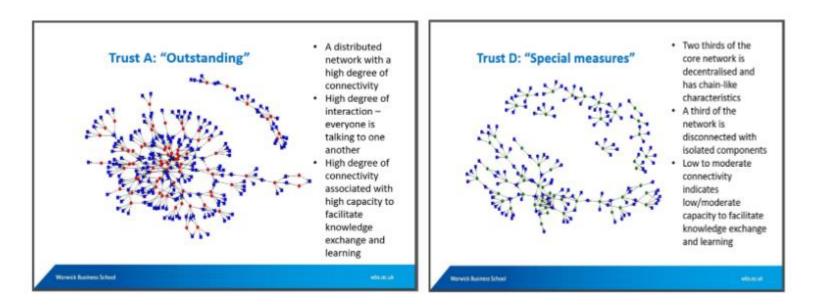
As part of her year out of training, she was excited to learn about Hexitime as a way to identify and contribute towards projects which had meaning for her and how she could explore projects which were personally relevant or engaging.



**Read The Full Story** 



# Lessons from the NHS and Virginia Mason Institute partnership

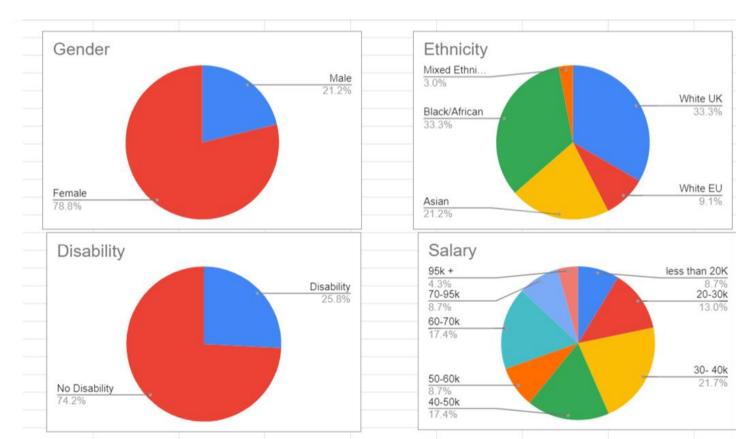


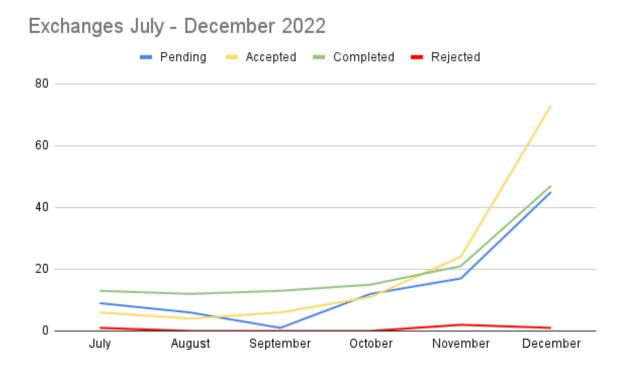
SNA highlights the relationship between relational connectedness, an improvement culture and performance

### Your Network determines your Net worth



### Equality, Diversity and Inclusion





## Give an hour. Get a lot more back.



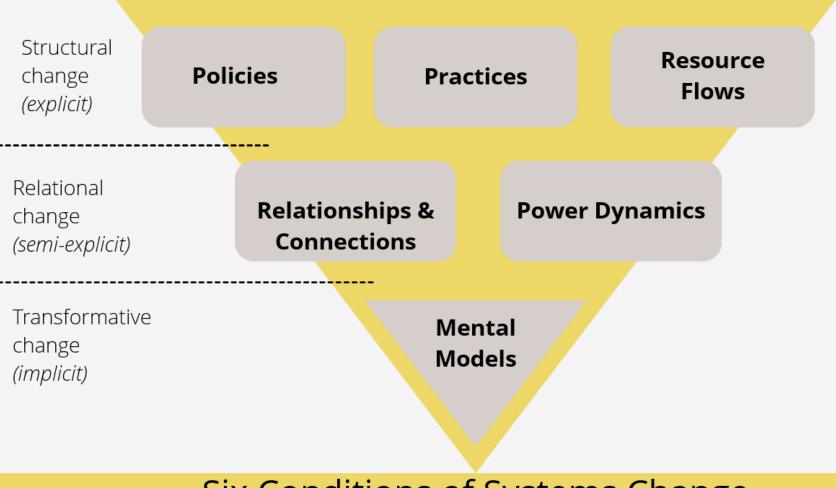


About	^
About	
Ourteam	
Partners	
Reviews	
Awards	
Member badges	
Benefits	
News & stories	v
Help	~



Hexitime and The Shuri Network win funding through the Q Exchange funding programme for their bringing women of colour with digital skills into improvement activity. HSJ AWARDS

Hexitime partner 'The Shuri Network' wins the NHS Race Equality Award at the HSJ Awards 2021 for their Digital Shadowing programme on Hexitime.



### Six Conditions of Systems Change